



VILLAGE OF HAWTHORN WOODS
PARKS & RECREATION DEPARTMENT

BOREDOM BUSTER BOOK

FOR ADULTS

VOLUME 2

STAY ACTIVE,
STAY BUSY,
AND STAY WELL
WHILE
STAYING
HOME

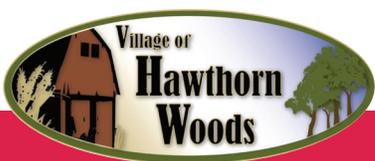
COLORING PAGE



SUDOKU

Difficulty Level = Medium
Solution can be found at the end of this book.

							5	
		9		6	4			8
	2	8		5			1	
6			4	3	5			
			1	9	2			7
	3			4		1	9	
7			3	2		5		
	8							



WORD SEARCH

Solution can be found at the end of this book.



ALSTROEMERIA
AMARYLLIS
ANEMONE
CARNATIAN
DAFFODIL

DELPHINIUM
FREESIA
GARDENIA
GLADIOLUS
HYACINTH

LARKSPUR
LIATRIS
LISIANTHUS
ORCHID
RANUNCULUS

SNAPDRAGON
SOLIDASTER
SUNFLOWER
SWEET PEA
TIGER LILY



MAD LIB

Mad Libs are a great activity for couples after the kids go to bed, or between friends connecting over the phone. One player acts as the “reader” and asks the other player, who hasn’t seen the story, to fill in the blanks with adjectives, nouns, exclamations, places and more. These words are inserted into the blanks and then the story is read aloud to hilarious results.

Love Letter to Self

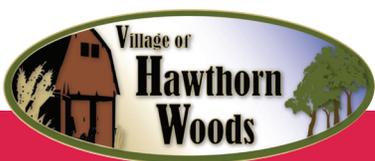
Dear _____,
Nickname

You are so _____! There are no _____ like you.
adjective Plural Noun

One _____ thing about you is your _____. Plus
Adjective Body part
you are _____, just look in the _____!
Adjective Noun

I wouldn't change one _____ about you. I know I
Noun
can always _____ on you. When you are feeling
Verb
_____, just remember there is no one like _____!
emotion Someone In the room

Love,
You



MOTHER'S DAY QUIZ

Answers are at the bottom of this page.

- 1) What Beatles Song was inspired by Paul's mom Mary?
 - a. Blackbird
 - b. Long and Winding Road
 - c. In My Life
 - d. Let It Be
- 2) What day of the week and month are statistically the most popular for having a baby?
 - a. Friday and June
 - b. Sunday and April
 - c. Tuesday and August
 - d. Monday and September
- 3) Which alcoholic spirit is known as mother's ruin?
 - a. Gin
 - b. Rum
 - c. Whiskey
 - d. Brandy
- 4) Who is actress Kate Hudson's famous mother?
 - a. Susan Sarandon
 - b. Meryl Streep
 - c. Meg Ryan
 - d. Goldie Hawn
- 5) Who was the leader of the 1960's musical group the "The Mothers of Invention"?
 - a. Alice Cooper
 - b. Bo Diddley
 - c. Jimi Hendrix
 - d. Frank Zappa
- 6) In Greek mythology who was the mother of the gods?
 - a. Venus
 - b. Nephrite
 - c. Rhea
 - d. Eris
- 7) Which flower traditionally symbolizes Mother's Day?
 - a. Daisies
 - b. White Carnations
 - c. Red Roses
 - d. Lilies
- 8) In which sci-fi classic movie is there a computer named Mother?
 - a. Alien
 - b. The Day the Earth Stood Still
 - c. Avatar
 - d. 2001: A Space Odyssey
- 9) Who was the famous mother of Liza Minelli?
 - a. Gertrude Minelli
 - b. Judy Garland
 - c. Doris Day
 - d. Betty Hutton
- 10) According to the proverb, what is considered the "Mother of Invention"?
 - a. Necessity
 - b. Money
 - c. Fame
 - d. Faith



Answer Key: 1) D 2) C 3) A 4) D 5) D 6) C 7) B 8) D 9) B 10) A

TRUE OR FALSE GAME

Answers can be found at the end of this book.

- 1) Astronaut Neil Armstrong's mother's maiden name was Moon?
True False
- 2) The Mother of actress Melanie Griffith was Tippi Hedron the female lead in Alfred Hitchcock's suspense thriller, The Birds.
True False
- 3) According to Beatrix Potter, the names of the four rabbits that lived with their mother in a sandbank underneath the root of a very big fir tree were Flopsy, Mopsy, Rosebud and Peter.
True False
- 4) Mother Teresa, who won the Nobel Prize and ministered to the poor was actually born in Poland.
True False
- 5) Angela Lansbury played Elvis Presley's mother in the film "Blue Hawaii" before becoming famous in a T.V. Detective series.
True False
- 6) Betty is Pebble's mom in the Flintstones cartoons.
True False
- 7) Lara was the name of Superman's mother.
True False
- 8) Mother's Day became an official U. S. holiday following WWI in 1917.
True False
- 9) The origin of honoring mothers in the United States dates back to Ann Reeves in 1868 who organized Mother's Friendship Day to bring about reconciliation between Union and Confederate soldiers of the Civil War.
True False
- 10) Miss Vassilyev entered in the Guinness Book of Records as the most prolific mother after having given birth to 69 babies.
True False



DIY CRAFT CORNER

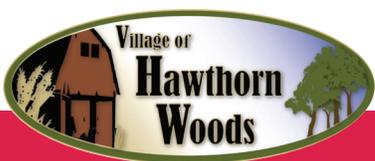
Learn to Cross Stitch

Cross stitch is a form of counted thread embroidery. It is one of the easiest forms of hand embroidery to learn. Cross stitch is comprised of X-shaped stitches done on fabric with an even and open weave.

To begin, go online and purchase a beginner's cross stitch kit. There are many to choose from so find one that suits your style.

Next, find a tutorial. There are many online tutorials to learn how to cross stitch. Just go to your web browser (such as Google) or You Tube, and search "learn to cross stitch".

Now just relax and enjoy as you make your artistic creation.



RECIPE

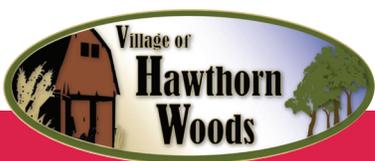
Peanut Butter Oat Bites

Ingredients:

- 1 cup old-fashioned oats
- 2/3 cup toasted shredded coconut
- 1/2 cup creamy peanut butter
- 1/2 cup ground flaxseed
- 1/2 cup semisweet chocolate chips
- 1/3 cup honey
- 1 teaspoon vanilla extract

How to make:

- Stir all ingredients together in a large mixing bowl until thoroughly combined.
- Cover the mixing bowl and chill in the refrigerator for 2 hours.
- Roll into mixture into 1-inch balls.
- Serve and enjoy!
- Tip: Refrigerate in a sealed container for up to 1 week.



KARAOKE NIGHT

Channel your inner Beyoncé and rock out to your favorite tunes. Hair brushes work well, but you can elevate your karaoke experience even more with an at-home system that'll keep the entire family entertained for hours.



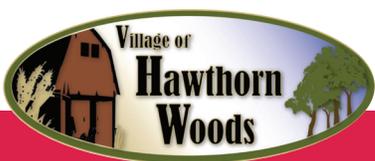
MEDITATION

Life can be stressful when we are all cooped up at home. Relieve your stress with meditation. Try lying down with your eyes closed, palms up and while focusing on your breath. Or spend 20 minutes sitting cross legged and repeat a soothing word to yourself in your head. The latter is more like transcendental meditation. There are also many videos and apps that you can find that can help guide you in meditation.



FAMILY PHOTOS

What's a better memory than a family photo? Find a nice place in your house or yard to stage and take countless pictures you'll enjoy for years to come. The more family generations you can capture, the better your photograph.



SOLUTIONS

Sudoku Solution

3	7	6	9	8	1	4	5	2
1	5	9	2	6	4	7	3	8
4	2	8	7	5	3	9	1	9
6	9	7	4	3	5	8	2	1
2	1	3	6	7	8	9	4	5
8	4	5	1	9	2	3	6	7
5	3	2	8	4	7	1	9	6
7	6	1	3	2	9	5	8	4
9	8	4	5	1	6	2	7	3

Word Search Solution



True or False Answers

1. False
(Moon was the maiden name of Buss Aldrin's mother.)
2. True
3. False
(It was not Rosebud. The correct names were Flopsy, Mopsy, Cottontail and Peter.)
4. False
(She was born in rural Albania.)
5. True
6. False
(The correct answer is Wilma. Betty Rubble was the next-door neighbor.)
7. True
8. False
(The correct answer was 1914.)
9. True
10. True

