

# BASKETBALL & VOLLEYBALL

## Jr. Basketball (Ages 5-7)

Boys and Girls alike will enjoy learning the skills to advance them in the world of basketball. Even if you are trying it out for the first time, or you are a seasoned pro, you will have a ton of fun enhancing your skill level. Through games and drills we will practice dribbling, passing, shooting, positions and the importance of teamwork. Games will be played at the end of each class. Instructed by Sports R Us.

**Session 1: Sept. 16 – Oct. 21**

**Mon, 6:30 p.m. – 7:30 p.m.**

Mundelein Community Center

Fees: \$60/res; \$68/non-res

Code: 2647

**Session 2: Nov. 4 – Dec. 9**

**Mon, 6:30 p.m. – 7:30 p.m.**

Mundelein Community Center

Fees: \$60/res; \$68/non-res

Code: 2658

## Basketball Shooting (Ages 7-12)

Boys and girls learn jump shots, shots off the glass, lay-ups, shooting from a pass and shooting off the dribble. Shooting games are also a part of class. Instructed by SportsKids Inc.

**Session 1: Sept. 14 – Oct. 19**

**Sat, 9:15 a.m. – 10:00 a.m.**

Mundelein Community Center

Fees: \$45/res; \$54/non-res

Code: 2666

**Session 2: Oct. 26 – Dec. 7 (no class 11/30)**

**Sat, 9:15 a.m. – 10:00 a.m.**

Mundelein Community Center

Fees: \$45/res; \$54/non-res

Code: 2667



## Volleyball Skills & Games (Ages 8-13)

This program is a must for players of all skill levels trying to improve on the fundamentals or learn the game for the first time. We will assist players with their skills and knowledge of passing, serving, defense, setting, blocking and hitting. Players will also work on technique, set location, play sets, footwork and overall knowledge of the game. They will learn offensive and defensive systems through team drills and game play. Instructed by SportsKids Inc.

**Session 1: Sept. 12 – Oct. 17**

**Thurs, 7:15 p.m. – 8:00 p.m.**

Mundelein Community Center

Fees: \$45/res; \$54/non-res

Code: 2649

**Session 2: Oct. 25 – Dec. 6**

**Fri, 6:30 p.m. – 7:15 p.m. (no class 11/29)**

Mundelein Community Center

Fees: \$45/res; \$54/non-res

Code: 2665

## Parent/Child Super Sports (Ages 3-4 w/parent)

It's time to team up with mom or dad in this pint-sized sports class. This program is perfect for toddlers who are full of energy and parents who are looking for an introduction to a variety of sports. Parents will help their children in developing socialization, teamwork, direction following, and key motor skills. Each week, participants will experience the game of such sports like soccer, baseball, hockey, basketball, and football. Instructed by Sports R Us.

**Session 1: Sept. 14 – Oct. 19**

**Sat, 9:00 a.m. – 9:50 a.m.**

Carl Sandburg School

Fees: \$60/res; \$68/non-res

Code: 2659

**Session 2: Nov. 2 – Dec. 14 (no class 11/30)**

**Sat, 10:00 a.m. – 10:50 a.m.**

Carl Sandburg School

Fees: \$60/res; \$68/non-res

Code: 2660