

Adults & Seniors

Women's Self Defense (Ages 17 & up; 15-16 with parent)

Learn to defend yourself with confidence in this interactive program which provides training in recognizing dangerous situations, and techniques for defending against attacks. The Hawthorn Woods Police Department proudly educates women in our community to defend themselves in an unforeseen and potentially dangerous situation. This program is perfect for women going to college, who live and travel alone and for anyone in general. This program consists of four classes that are two hours each. Instructed by Hawthorn Woods Police Department.

Mon & Tues, Feb. 11-12 & 18-19

6:00 p.m. - 8:00 p.m.

Village Hall - Barn

Fees: \$20/Res; \$25/Non-Res

Code: 2376



Senior Monthly Gatherings

The second Wednesday of every month

12 Noon - 1:00 p.m.

Village Hall - Barn

This monthly social event is for those who are young at heart. Our Senior Group meets for a luncheon on the second Wednesday of each month from Noon to 1:00 p.m. in the Barn at Village Hall. Each month a different speaker is featured. Enjoy good friends, good food, and memorable moments! Mark your calendars for our upcoming 2019 gatherings which are all listed below. No need to register, gatherings are FREE to attend. Bring a friend! All are welcome to attend these events.

Upcoming Gatherings

Jan. 9	Noon at the Village Barn
Feb. 13	Noon at the Village Barn
Mar. 13	Noon at the Village Barn
Apr. 10	Noon at the Village Barn
May 8	Noon at the Village Barn

