



## Step 1: Assemble 72-Hour Survival Kit

Disasters can happen at any moment. By planning ahead, you can avoid waiting in long lines for critical supplies such as food, water and medicine. You will also have essential items if you need to evacuate. For your safety and comfort, have a disaster supplies kit packed and ready in one place before a disaster hits. Assemble enough supplies to last for at least three days.

**CAN YOU  
GET THRU?**



**The list below contains some suggestions for building your disaster supplies kit:**

- Water: 1 gallon per person, per day (3-day supply for evacuation, 2-week supply for home)
- Food: non-perishable, easy-to-prepare items (3-day supply for evacuation, 2-week supply for home)
- Manual can opener
- Flashlight
- Battery-powered or hand-crank radio
- Extra batteries
- First aid kit
- Medications (7-day supply) and medical items
- Multi-purpose tool
- Sanitation and personal hygiene items (toilet paper, plastic garbage bags)
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates, insurance policies)
- Cell phone and charger
- Family and friends' emergency contact information
- Cash and coins
- Blanket
- Map(s) of the area
- Whistle
- Matches or lighter
- Rain gear
- Towels
- N95 or surgical masks
- Work gloves
- Tools/supplies for securing your home
- Extra clothing, hat, and sturdy shoes
- Plastic sheeting
- Duct tape
- Scissors
- Entertainment items
- Sleeping bags

*Suggested items to help meet additional needs are:*

- Medical supplies (hearing aids, glasses, contact lenses, etc.)
- Baby supplies
- Games and activities for children
- Pet supplies (collar, leash, ID, food, carrier, bowl)
- Two-way radios
- Extra set of car keys and house keys





## Step 2: Make a Plan

The next time a disaster strikes, you may not have much time to act. Planning ahead reduces anxiety. Prepare now for a sudden emergency and remember to review your plan regularly.

### Family Communications Plan



Explain your concerns to your family and others in your support network and work with them as a team to prepare. Assess yourself and your household. What personal abilities and limitations may affect your response to a disaster? Think about how you can resolve these or other questions and discuss them with your family and friends. Details are important to ensure your plan fits your needs. Then, practice the planned actions to make sure everything “works.” Always carry family contact information in your wallet or purse. Additionally, choose an out-of-town contact person. After a disaster, it is often easier to make a long distance call than a local call from a disaster area.

### Escape Routes and Meeting Places

- Plan the best and quickest escape routes out of your home and evacuation routes out of your neighborhood.
- Decide on a meeting place outside your neighborhood in case you cannot return home.
- If someone in your household uses a wheelchair, make sure all escape routes from your home are wheelchair accessible.
- Know the safe places within your home in case you need to take shelter during extreme weather events (e.g., tornado).
- Practice your escape drill every six months.
- Plan for transportation if you need to evacuate to a shelter.

### Best Preparedness Practices

**Post emergency phone numbers near your phones.** Include the numbers of those in your support network. Remember that in some emergencies, telephone lines might not be working. Consider having alternative plans for contacting those in your network.

**Plan for those with disabilities.** Keep support items like wheelchairs and walkers in a designated place so they can be found quickly. This step is essential for those who have home-health caregivers.

**Plan for your pets or service animals.** Take your pets with you if you need evacuate. However, be aware that pets (except service animals) are not permitted in emergency public health shelters for health reasons. Prepare a list of family, friends, boarding facilities, veterinarians and pet-friendly hotels that could shelter your pets in an emergency.



**Plan for utility procedures.** Talk to your utility providers about emergency procedures and how and when to turn off water, gas and electricity at the main switches or valves. Share this information with your family. Keep any tools you will need nearby. Turn off the utilities only if you suspect the lines are damaged, if you suspect a leak or if local officials instruct you to do so.

**Understand your insurance coverage.** Talk with your insurance agent to be sure that you have adequate insurance coverage. Homeowners insurance may not cover flood damage and may not provide full coverage for other hazards.



## Step 3: Be Informed

**Maintain your kit, practice your plan, and be informed.**

### Every six months:

- Review your plan with all of your friends and family.
- Check your disaster supplies kit and refresh all expiring items (e.g., food, water, medications and batteries).
- Conduct fire and emergency evacuation drills on a regular basis with your family. Make sure all your plans “work.”

### At least once a year:

- Change the batteries in all essential devices at the same time each year (e.g., smoke alarms).

## Community Hazard Assessment

What hazards threaten your community and neighborhood? Make a list of how they might affect you. Think about both natural (e.g., flooding, winter storms and tornadoes) and human-caused (e.g., hazardous materials and transportation accidents) and about your risk from those hazards. Visit [www.ready.gov](http://www.ready.gov) for additional readiness tips.

## Community Warning Systems

### Register for CodeRED® Emergency Alert System

Hawthorn Woods utilizes a rapid emergency notification service called CodeRED®. The system has the ability to distribute emergency messages via telephone to targeted areas or the entire village at a rate of 1,000 calls per minute. By registering, you'll be added to the emergency call list. This service can be used in case of fires, chemical spills, evacuations, lock downs, downed power lines, lost individuals, natural disasters, abductions, water system problems, bomb threats, or other emergencies. Hawthorn Woods residents and business organizations are encouraged to enter their contact information for home, business, and mobile phones so they may be contacted by the system in the event of an emergency. It is important for village residents and businesses to register, especially if they use unlisted numbers, cell phones, or VOIP. Those who do not register their address and phone number will not be notified with CodeRED® in the case of an emergency. Registration is confidential, free, and easy. To register, visit [www.vhw.org/EmergencyAlertSystem](http://www.vhw.org/EmergencyAlertSystem)



### Local Fire Departments

There are four fire protection districts that serve the Village of Hawthorn Woods. District A is the Wauconda Fire Protection District; District B is the Countryside Fire Protection District; District C is the Lake Zurich Fire Department District; and District D is the Long Grove Fire Protection District. All districts work in unison to provide fire protection to Hawthorn Woods residents. Connect with your local district and let them know your needs; you may also wish to discuss how they might be able to assist in your disaster plan.

### Emergency Alert System (EAS) Broadcast

The Emergency Alert System (EAS) is a national public warning system that requires broadcasters, cable television systems, wireless cable systems, satellite digital audio radio service providers and direct broadcast satellite providers to provide the President with communications capability to address the American people within 10 minutes during a national emergency. This system may also be used by state and local authorities, in cooperation with the broadcast community, to deliver important information such as weather information, AMBER alerts and local incident information targeted to specific areas.

### NOAA Weather Radio All Hazards (NWR)

NOAA Weather Radio All Hazards (NWR) is a nationwide network of radio stations broadcasting continuous weather information from the nearest National Weather Service office (Chicago). NWR broadcasts official warnings, watches, forecasts and other hazard information 24 hours a day, 7 days a week. It also broadcasts alerts of non-weather emergencies such as national security, natural, environmental, and public safety.

### Door-to-door Warning from Local Emergency Officials

In some emergencies, local responders may come door-to-door and deliver emergency messages or warnings. Please listen carefully and follow their instructions. Hawthorn Woods is part of the South Lake County Regional Community Emergency Response Team (CERT) which serves the communities of Hawthorn Woods, Deer Park, Kildeer, Lake Zurich and Long Grove. The CERT Program educates people about disaster preparedness for hazards that may impact their home, neighborhood and/or business and provides training in basic disaster response skills. Visit [www.slrcert.org](http://www.slrcert.org) for details.

